

CARE SHEET

Dart Frog



OVERVIEW



- · Scientific Name: Dendrobates spp.
- · Origin: Central and South America
- Ease of Care: Intermediate
- Potential Adult Size: Roughly 1.5cm with a few of the species growing up to 6cm.
- Life Span: Up to 10-20 years in captivity with larger of the species living longer
- Behaviour: Diurnal
- Diet: Insectivore
- Handling:: Intermediate (only if absolutely necessary)







TOP TIPS

- **EQUIPMENT NEEDED**
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- ✓ A humidifier will aid hydration and humidity when used throughout the day.
- ✓ Being diurnal, they are active during the day.
- ✓ A fresh body of de-chlorinated water is still always needed within the Terrarium despite being mostly a land-based species
- ✓ Most Dart Frogs do well in small groups of 4
 or 5 providing you give them plenty of room.
- ✓ The use of a plant growth light as well as UVB will not only benefit the Dart Frog but plants also.
- ✓ They are a fragile species and will deteriorate if the proper care isn't adhered to.

- · Housing: Terrarium
- · Heating: Heat Mat
- · Thermostat: Mat Stat
- · Lighting: UV Tube (Light Cycle: 12 Hours of light)
- · Substrate: HabiStat Jungle Bio (HSJB10), Arcadia EarthMix (RARE10)
- Water: HabiStat Plastic Shallow Water Bowl (HWFSL)

HOUSING



Individual - HabiStat Glass Terrarium 30x30x45 (HGT3045)

Group of 3 - HabiStat Glass Terrarium 45x45x60cm (HGT6045)

ENVIRONMENT



Arboreal Terrarium Setup



Enclosure Readings

- Background Temp: 21-24°C (70-75°F)
- Hot Spot: Not Needed
- Night-Time Temp: 16-21°C (60-70°F)
- Humidity: 50%-70%
- UVI: 2-3

Heating

Usually, no additional heating is required, and room temperature is more than adequate. If the ambient background temperature drops below the recommended range, add a HabiStat Heat Mat (HHM11) on the outside rear of the terrarium.

Use the Heat Mat in conjunction with a HabiStat Mat Stat (HTMB1).

Mat Stat Thermostats are designed to regulate temperatures using a thermostat probe (also known as a sensor). Correct placement of the probe is critical to avoid overheating and injury to the animal.

Check temperatures and humidity regularly using a reliable thermometer and hygrometer to ensure that there are no extreme fluctuations

Lighting

Use the Arcadia Pro T5 UVB Kit ShadeDweller 7% (RADBR8S), or alternatively the Arcadia LumenIZE Pro T5 7% (RARLZ8S) on the mesh roof of the Terrarium. Ensure that it is fitted correctly and within the manufactures recommended distances, providing a UVI of 2-3.

An Arcadia Jungle Dawn LED Bar (RAJDPI), or alternatively the Arcadia LumenIZE Jungle Dawn LED Bar (RARLJI) will contribute to providing beneficial full spectrum lighting within the Terrarium for both the animal and plant life when used alongside the suggested UV light.

DIET & WATER



Ensure the Dart Frog is offered a variety of insects.

Young/Juvenile – Several appropriately sized feeders per frog, 4-5 times per week such as:

- · Crickets Hatchling
- · Fruit Fly Small

Adult – Several appropriately sized feeders per frog, 2-3 times per week such as:

- · Crickets 1st
- · Fruit Fly Large

Always provide a source of fresh water using the HabiStat Plastic Shallow Water Bowl (HWFSL)

To maintain and regulate humidity within the enclosure, mist as required

Substrates and Decoration

Personal choice will dictate how you decorate your enclosure, but we recommend the following as a guide:

- HabiStat Jungle Bio (HSJB10), or Arcadia EarthMix (RARE10)
- HabiStat Cork Branch (HDB1), HabiStat Grapevine (HSGV), rocks, and leaf litter will offer shelter and enrichment within the enclosure.
- Live or artificial plant decoration will provide darker areas for the animal to use as shelter.
- HabiStat Plastic Shallow Water Bowl (HWFSL)

SUPPLEMENTATION



Following a supplementation regime that involves calcium and multivitamin powders such as HabiStat Pure Calcium (HMC40), HabiStat Reptavite (HMRV40), HabiStat Repton (HMR40) and Arcadia Earth Pro-A (RAREP100) will be beneficial to the health and wellbeing of the animal.

ADDITIONAL INFORMATION



- Dart Frogs are a fragile species. They can quickly deteriorate if the setup parameters are not adhered to.
- All captive bred Dart Frogs are non-toxic despite the common name of 'poison dart frog'.
 The toxic / poisonous trait is only present in the wild.

HEALTH & HYGIENE



Health & Hygiene

We recommend the following cleaning routine to keep your animal healthy and happy:

	Water	Substrate	Enclosure
Daily	Change water in bowlDaily SprayingCheck humidifier water levels	Spot clean	Check branches and plants for breakage and stability
Weekly	Disinfect water bowl	Agitate substrate to prevent any bacterial build-up	Wipe down glass / mesh / walls with a reptile safe disinfectant
Monthly		Full or partial substrate change	Carefully wipe down the enclosure, and décor with a reptile safe disinfectant ensuring you do not spray near the frogs

Always wash your hands, surfaces and equipment with warm water and disinfectant immediately before and after handling your animal, their food, enclosure, and any other equipment using HabiStat Anti-Bac Spray (HABS) for any surface, and HabiStat Hand Sanitiser (HABG) for hands.



Arthur Rickwood Farm Chatteris Road, Mepal, Ely, CB6 2AZ

monkfieldreptile.com Telephone: 01223 208261



Everything Reptile









DATA MONITORING

Complete this Sheet at the same time every day e.g. 12pm

Feeding							
Night Time Temp 20°C-23°C (68°F-73°F)							
L -2							
Humidity 70%-80%							
Background Temp 21-24°C (70-75°F)							
Hotspot Temp Not Needed							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday