

# DATA MONITORING



**Bearded Dragon:** *Pogona vitticeps*

Complete this Sheet at the same time every day e.g. 12pm

	<b>Hotspot Temp</b> 38°C-40°C (100°F-104°F)	<b>Background Temp</b> 23°C-30°C (73°F-86°F)	<b>Humidity</b> 30%-40%	<b>UVI</b> 4-6	<b>Night Time Temp</b> 16°C-23°C (61°F-74°F)	<b>Feeding</b>
Monday						
Tuesday						
Wednesday						
Thursday						
Friday						
Saturday						
Sunday						