



# Common Terrestrial Isopods



## OVERVIEW



- Scientific Name: *Porcellio* & *Armadillidium*
- Origin: Europe
- Ease of Care: Beginner
- Potential Adult Size: Up to 1.5cm
- Life Span: 1-2 years
- Behaviour: Nocturnal
- Diet: Detritivores
- Handling: Beginner
- Humidity: 30-70%

## TOP TIPS

- ✓ Add plenty of substrate to their enclosure as they love to burrow
- ✓ Provide leaves, cork bark and twigs for Isopods to eat and hide under

## HOUSING

Group of 20 Common Terrestrial Isopods  
HabiStat Clear Home 15x16.5x21.5cm (HSCHM)  
HabiStat Glass Terrarium 30x30x32cm (HGT3032).

## EQUIPMENT NEEDED

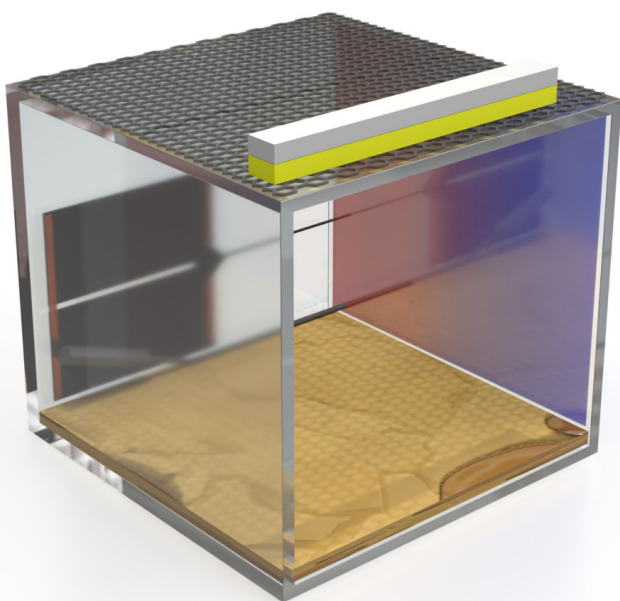


- Housing: Terrarium
- Heating: Not needed
- Lighting: LED
- Substrate: HabiStat Jungle Bio (HSJB10), Arcadia EarthMix (RARE10)
- Water: A light spray every few days

## ENVIRONMENT



### Terrestrial Terrarium Setup



### Enclosure Readings

- Background Temp: 18°C -25°C (64°F-77°F)
- Hot Spot: Not Needed
- Night-Time Temp: 18°C -25°C (64°F-77°F)
- Humidity: 60%
- UVI: N/A

### Heating

Terrestrial Isopods do not require an additional heat source. However, if you notice temperatures dropping below the recommend range, use a HabiStat Heat Mat (HHMA11) on an outside wall of the terrarium running in conjunction with a HabiStat Mat Stat (HTMW1).

Mat Stat Thermostats are designed to regulate temperatures using a thermostat probe (also known as a sensor). Correct placement of the probe is critical to avoid overheating and injury to the animal.

Check temperatures and humidity regularly using a reliable thermometer and hygrometer to ensure that there are no extreme fluctuations.

## Lighting

Terrestrial Isopods are a nocturnal species and require a suitable light gradient in their terrarium to create a day/night light cycle.

The Arcadia JungleDawn LED Bar (RAJDP1), or alternatively the Arcadia LumenIZE Jungle Dawn LED Bar (RARLZ1) provides a day/night cycle of illumination and aids with plant growth.

Ensure that lighting is fitted correctly and within the manufacturers recommended distances.

## Substrate and Decoration

Personal choice will dictate how you decorate your enclosure, but we recommend the following as examples:

- HabiStat Jungle Bio (HSJB10), Arcadia EarthMix (RARE10)
- Wood/branches/Cork bark and stone/rock for climbing, hiding, and sleeping on/under.
- Live or artificial plant decoration.
- Leaf litter.

## DIET & WATER

Terrestrial Isopods feed on decaying matter, they eat a variety of leaves, bark and soil. Occasionally, they will also eat a small amount of food scraps, such as potato, squash and mushrooms.

The Arcadia Earth Pro Custodian Fuel (RAREPCF80) is also a great source of food for Isopods. For feeding information, follow the on-pack instructions.

To keep the species hydrated and maintain humidity, mist the terrarium surface as required.

## SUPPLEMENTATION

Terrestrial Isopods do not require additional supplementation in the form of a calcium and multi vitamin powder if the diet is varied.

## ADDITIONAL INFORMATION

- Common Terrestrial Isopods can be found under pieces of natural debris such as leaves, stones, logs, and branches in woodlands and forests, as well as in the soil of fields and gardens.

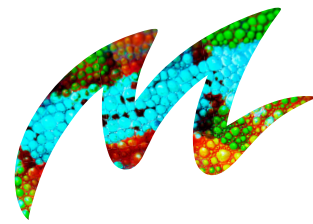
# HEALTH & HYGIENE



We recommend the following cleaning routine to keep your Isopods healthy and happy:

	Water	Substrate	Enclosure
Daily		Spot clean	Check vents on enclosure are not blocked and allow air to pass through freely
Weekly		Agitate substrate to prevent any bacterial build up and to allow any dirty bedding to be removed	Wipe down glass and walls with a reptile safe disinfectant
Monthly			Wipe down inside the enclosure and disinfect décor with a reptile safe disinfectant

Always wash your hands, surfaces and equipment with warm water and disinfectant immediately before and after handling your animal, their food, enclosure, and any other equipment using HabiStat Anti-Bac Spray (HABS) for any surface, and HabiStat Hand Sanitiser (HABG) for hands.



**Monkfield Nutrition Ltd**  
Arthur Rickwood Farm  
Chatteris Road, Mepal, Ely, CB6 2AZ

**MonkfieldReptile**  
Everything Reptile

monkfieldreptile.com  
Telephone: 01223 208261



# DATA MONITORING



Complete this Sheet at the same time every day e.g. 12pm

	Hotspot Temp Not Needed	Background Temp 18°C -25°C (64°F-77°F)	Humidity 60%	UVI 1-2	Night Time Temp 18°C -25°C (64°F-77°F)	Feeding
Monday						
Tuesday						
Wednesday						
Thursday						
Friday						
Saturday						
Sunday						