

# **Zebra Skink**





# **OVERVIEW**



- · Scientific Name: Trachylepis dichroma
- · Origin: East Africa
- · Ease of Care: Beginner
- · Potential Adult Size: 10 to 12 inches
- · Life Span: 15 years
- Behaviour: Diurnal
- Diet: Insectivore
- · Handling: Beginner







#### **TOP TIPS**

# **HOUSING**



✓ To keep your Skink stimulated, vary their food

✓ Use a substrate that helps to maintain humidity

HabiStat Standard Vivarium 36 x 24 x 24" (HV3624)

# EQUIPMENT NEEDED

- Housing: Vivarium
- · Heating: Heat Bulb
- Thermostat: Dimming Thermostat (High Range)
- Lighting: UV Tube (Light Cycle: 12 hours of light)
- · Substrate: Arcadia EarthMix Arid
- Water: Water Bowl

# **ENVIRONMENT**



#### **Terrestrial Vivarium Setup**



#### **Enclosure Readings**

- Background Temp: 22°C-25°C (72°F-77°F)
- Hot Spot: 32-35°C (90-96°F)
- Night-Time Temp: 18°C-21°C (65°F-70°F)
- Humidity: 40%-60%
- UVI: 2-3

#### **Heating**

The Zebra Skink (*Trachylepis dichroma*) is a diurnal reptile and requires a suitable light and heat gradient in the enclosure to simulate a complete 24-hour period.

Use an Arcadia Pro Ceramic Lamp Holder & Bracket (RADCHP) with the HabiStat Heat Bulb (HBB100) all running in conjunction with a HabiStat Dimming Thermostat (HTDWHR).

Dimming thermostats are designed to regulate temperatures using a thermostat probe (also known as a sensor). Correct placement of the probe is critical to avoid overheating and injury to the animal.

Check temperatures and humidity regularly using a reliable thermometer and hygrometer to ensure that there are no extreme fluctuations.

#### Lighting

Fit the Arcadia Pro T5 12% (RARTP39R) or the Arcadia LumenIZE Pro T5 12% (RARLZ39R) on the inside roof of the Vivarium. This will supply realistic UVB levels within the enclosure.

Ensure that it is fitted correctly and within the manufacturers recommend distances providing a UVI of 2-3.

#### **Substrates and Decoration**

Personal choice will dictate how you decorate your enclosure, but we recommend the following as examples:

- Arcadia EarthMix Arid (RAREA10)
- HabiStat Cork Branch (HDB500), HabiStat
  Tea Tree Branch (HSNTB), HabiStat
  Grapevine (HSGV), HabiStat Log Hideout
  (HSNLHL) will offer shelter and enrichment
  within the enclosure
- Live or artificial plant decoration will provide darker areas for the animal to use as shelter

#### **DIET & WATER**



Ensure the Zebra Skink is offered a variety of insects.

**Young/Juvenile** - Several appropriately sized feeders 2 to 3 times per week such as:

- Crickets 3rd
- Locust Small Hopper
- Calci Worms

**Adult** – Several appropriately sized feeders per week such as:

- Crickets Large
- Locust 3rd Hopper
- Dubia Roaches Medium

Always provide a source of fresh water. The HabiStat Sandstone Water Dish (HRSSCM) will provide a safe and sturdy option.

To maintain and regulate humidity within the enclosure, mist as required.

# **SUPPLEMENTATION**



Following a supplementation regime that involves calcium and multivitamin powders such as HabiStat Pure Calcium (HMC40), HabiStat Reptavite (HMRV40), HabiStat Repton (HMR40) and Arcadia Earth Pro-A (RAREP100) will be beneficial to the health and wellbeing of the animal.

#### **ADDITIONAL INFORMATION**



# **HEALTH & HYGIENE**



We recommend the following cleaning routine to keep your Zebra Skink healthy and happy:

	Water	Substrate	Enclosure
Daily	Change old water for fresh water	Spot clean	Check vents on enclosure are not blocked and allow air to pass through freely
Weekly	Disinfect water bowl or dish	Agitate substrate to prevent any bacterial build-up and remove any dirty bedding	Wipe down glass and walls with a reptile safe disinfectant
Monthly		Take out old substrate and replace with new substrate	Wipe down inside the enclosure and disinfect décor with a reptile safe disinfectant

Always wash your hands, surfaces and equipment with warm water and disinfectant immediately before and after handling or feeding your animal, their food, enclosure and any other equipment using HabiStat Anti-Bac Spray (HABS) for any surface and HabiStat Hand Sanitiser (HABG) for hand hygiene.

#### **Monkfield Nutrition Ltd**

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# DATA MONITORING

Complete this Sheet at the same time every day e.g. 12pm

	<b>Hotspot Temp</b> 32-35°C (90-96°F))	<b>Background Temp</b> 22°C-25°C (72°F-77°F))	<b>Humidity</b> 70%-80%	<b>V</b> 2-1-2	<b>Night Time Temp</b> 18°C-21°C (65°F-70°F))	Feeding
Monday						
Tuesday						
Wednesday						
Thursday						
Saturday						
Sunday						